# Aggarwal College Ballabgarh

A Post Graduate Co-educational College (Affiliated to M. D. University, Rohtak) NAAC Accredited 'A' Grade (CGPA: 3.40)

Certificate Program in LIFE with specialization in Women Empowerment

Program 2: Certificate Program in LIFE with specialization in Women Empowerment.

#### Objective:

The program consider the following dimensions in context to self and workplace awareness

- To sensitize about feminism and women empowerment
- To make aware about conceptual framework for gender analysis
- To understand political role of women
- To practice gender integration at work place
- To instill indiscriminative values among the participants

#### Benefit:

The 70 hour life skills programs with specializations are interactive learning programs which serves the basic purpose of catalyzing a transformation from functional behavior to improve effectiveness and efficiency. The programs includes concepts related to 'ME' as an individual, 'ME-YOU' as colleagues and 'US' as a community.

**Duration: 70 Hrs** 

#### **Examination:**

Pen & Paper test will be conducted on completion of the course

**Course Content & Syllabus** 

#### Women Empowerment - Paper 1

- 1. Family and the importance of women in history
- 2. Conceptual framework for gender analysis
- 3. Feminism and the empowerment of women
- 4. The role of organizations to promote human rights and women's rights
- 5. Gender and discrimination



- 6. Gender and work-life balance
- 7. Life Skills Part 1

## Women Empowerment – Gender Equality – Paper 2

- 1. The political role of women
- 2. Work and gender desegregation
- 3. Gender and immigration
- 4. Environment and gender
- 5. Gender-based violence and human trafficking
- 6. Gender and health.
- 7. Life Skills Part 2

### Project - 10 Hrs

### Certification:

Certificate Program in LIFE with specialization in Women Empowerment

